

Information on Face & Neck Lift Plastic Surgery

1. Introduction: face & neck lift plastic surgery is a surgical method that removes excess facial and neck skin to make the face and neck appear younger. However, the surgery does not arrest the aging process. Aging skin loses its elasticity and develops into looser droopy skin, so plastic surgery helps to enhance the skin's structure by lifting the skin and removing the fat in specific areas. Additional procedures to supplement the face and neck lift plastic surgery may be necessary for ensuring the best results, such as forehead lift, liposuction, eyelid lift or rhinoplasty. However, face and neck lift plastic surgery is an extremely effective procedure to tighten excessive hanging skin.
2. Other procedures: chemical peeling or liposuction can improve skin wrinkles and remove excess fat.
3. Risks of face and neck lift surgery: Although infrequent, the surgery still has some risks as described below. You should discuss all possible risks, complications and results of the surgery with your doctor before the surgery is performed.
 - (1) **Bleeding:** It is possible, though unusual, that you may have problems with bleeding during or after surgery. Should post-operative bleeding occur, it might require emergency treatment to drain accumulated blood or necessitate blood transfusion. Do not take any aspirin or anti-inflammatory medications before surgery, as this contributes to a greater risk of bleeding. Hypertension (high blood pressure) that is not under good medical control may cause bleeding during, or after, surgery. Accumulations of blood under the skin may also delay healing.
 - (2) **Infection:** Infection is unusual after this surgery. Should an infection occur, additional treatment including antibiotics or surgery may be necessary.
 - (3) **Scarring:** Although good wound healing after a surgical procedure is expected, abnormal scars may occur within the skin and deeper tissues. Scars may be unattractive and of a different color to that of the surrounding skin. There is the possibility of visible marks from sutures. Additional treatments may be needed to treat scarring.
 - (4) **Damage to deeper structures:** Deeper structures, such as blood vessels, muscles, and particularly nerves, may be damaged during the course of surgery. The potential for this to occur varies with the type of facelift procedure performed. Injury to deeper structures may be temporary or permanent.
 - (5) **Asymmetry:** The human face is normally asymmetrical. There can be a variation from one side to the other in the results obtained from a facelift

procedure.

- (6) **Surgical anesthesia:** Both local and general anesthesia involve risk. There is the possibility of complications, injury, and even death from all forms of surgical anesthesia or sedation.
- (7) **Nerve injury:** Motor and sensory nerves may be injured during a facelift operation. Weakness or loss of facial movements may occur after facelift surgery. Nerve injuries may cause temporary or permanent loss of facial movements and feeling. Such injuries may improve over time. Injury to sensory nerves of the face, neck and ear regions may cause temporary or, more rarely, permanent numbness. Painful nerve scarring is very rare.
- (8) **Chronic pain:** Chronic pain is a very rare complication after a facelift.
- (9) **Skin disorders/skin cancer:** A facelift is a surgical procedure for the tightening of skin and deeper structures of the face. Skin disorders and skin cancer may occur independently of a facelift.
- (10) **Unsatisfactory result:** There is the possibility of a poor result from the facelift surgery. This would include risks such as unacceptable visible deformities, loss of facial movement, wound disruption, and loss of sensation. You may be disappointed with the results of surgery. Infrequently, it is necessary to perform additional surgery to improve your results.
- (11) **Allergic reactions:** In rare cases, local allergies to tape, suture material, or topical preparations have been reported. Systemic reactions which are more serious may occur due to drugs used during surgery and prescription medicines. Allergic reactions may require additional treatment.
- (12) **Hair loss:** Hair loss may occur in areas of the face where the skin was elevated during surgery. The occurrence of this is not predictable.
- (13) **Delayed healing:** Wound disruption or delayed wound healing is possible. Some areas of the face may not heal normally or may take a long time to heal. Areas of skin may die. Frequent dressing changes or further surgery may be required to remove the non-healed tissue. Smokers have a greater risk of skin loss and wound healing complications.
- (14) **Long-term effects:** Subsequent alterations in facial appearance may occur as the result of aging, weight loss or gain, sun exposure, or other circumstances not related to facelift surgery. Facelift surgery does not arrest the aging process or produce permanent tightening of the face and neck. Future surgery or other treatments may be necessary to maintain the results of a facelift operation.
- (15) **Required additional surgery:** Except for risky and potential complications, many circumstances may affect the long-term result, although other risky and potential complications are infrequent. In case of risky and potential

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complications, additional surgery or other treatments may be necessary. Medicine and surgery are not precise sciences. Good results are expected but cannot be guaranteed.

4. Declaration:

- (1) Portions of patient's body may be photographed for medical, scientific or educational purposes without disclosing patient's identifiable features.
 - (2) Some observers may come into the operating room for the purpose of medical education.
5. Cost: Cost of the surgery varies with the service provided. Generally, the cost includes the fees of surgeon, anesthesia, blood test, clinical service, hospital stay, facility, etc. Additional expenses may be incurred for difficult surgery. The cost of additional surgery will be at your own expense.
6. Health insurance: Most health insurance companies will not cover the cost of plastic surgery or the cost of complications resulting from the surgery. Please refer to your insurance policies.
7. This consent form contains possible risks, complications and other treatments, but not all. The doctor will provide you with different information based on the individual's particular situation, relevant facts and medical knowledge.
8. The consent form is not the standard of the care. The standard of the care is based on the individual's particular situation and relevant facts. The individual differences may occur due to the variations in medical knowledge and technical progress.
9. You are allowed to wash your hair or face the second day after the surgery. Follow the doctor's instructions about taking medication and dressing the wound. Apply ice packs to wound for the first three days after the surgery. Then apply hot packs to the wound for about two weeks. Generally, it takes 7 – 10 days to have your natural facial appearance. It is recommended that the patient apply face massage three weeks after the surgery, together with hospital-grade cosmetics, to enhance and maintain the lifting result.